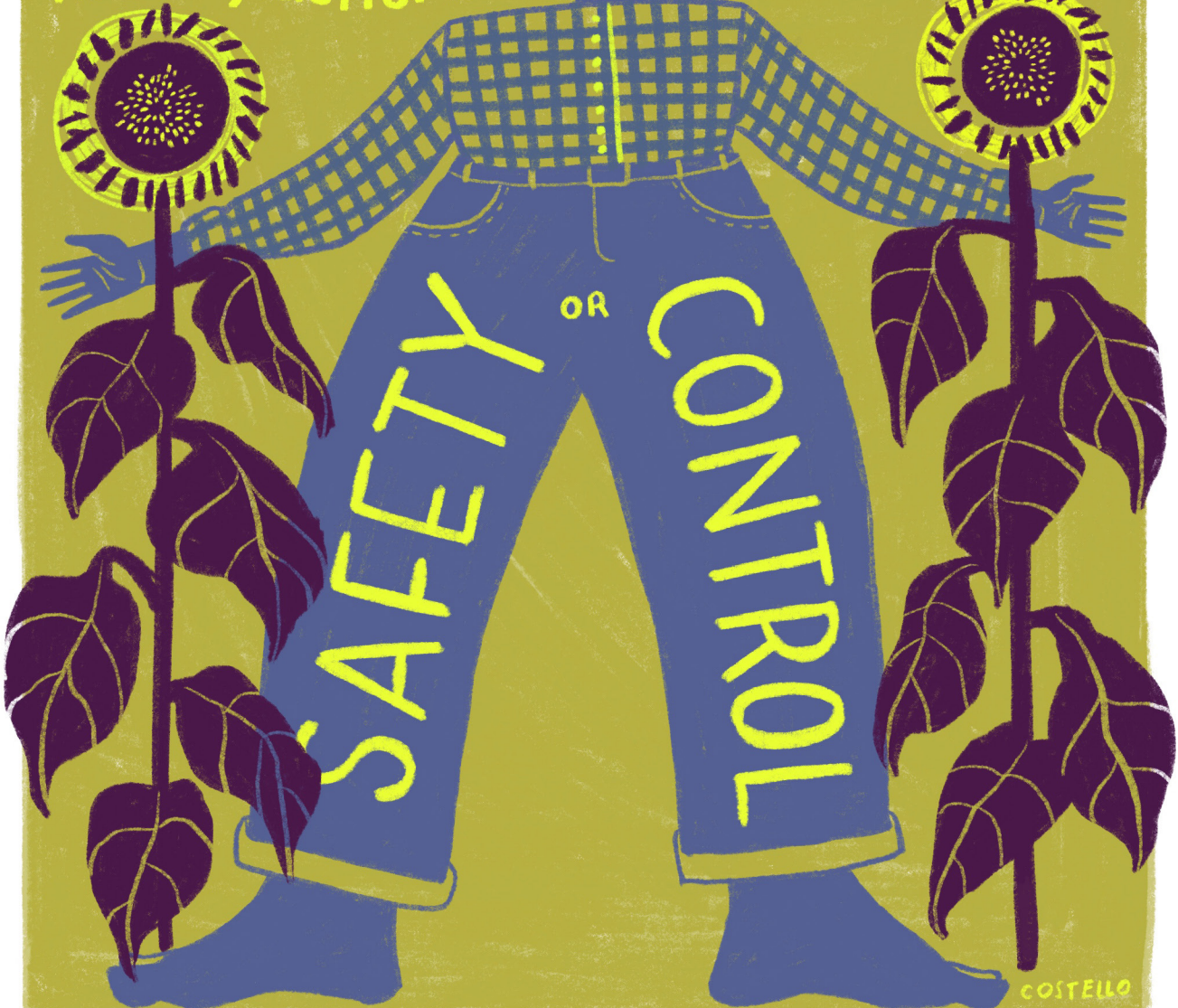


Ask yourself;
Are my actions

grounded in
cultivating



COSTELLO